



Lancaster Road Primary School Hot Lunch Menu

Monday 19th June to Friday 14th July 2017

Reception, Year 1 and Year 2 children are entitled to a school lunch free of charge
 A school packed lunch is also offered every day. Children have the choice of a cheese, ham egg or tuna sandwich plus healthy snacks, pudding and drink. Lunches will be served with sugar free squash and water and low fat milk are available on request. Wholemeal bread is also available in addition to hot lunches



	Monday	Tuesday	Wednesday	Thursday	Friday
19 June 17	Jacket potatoes with a choice of cheese, baked beans or tuna mayonnaise	Sausage Rolls with beans and potato bites	Penne Pasta with cheddar, ham and tomato sauce, fresh seasonal salad and garlic bread	Beef and Vegetable Casserole with crusty bread and peas	Battered fish, chips and tomato ketchup
	Served with salad and coleslaw	Cheese and Onion Slice	Vegetable Ravioli with garlic bread	Roasted spring veg hot pot	Vegetable fingers
	Vimto jelly	Selection of homemade cakes	Fruit cocktail and whipped cream	Selection of ice creams	Chocolate orange cookies
26 June 17	Jacket potatoes with a choice of cheese, baked beans or tuna mayonnaise	Minced Steak lasagne with salad and a garlic slice	Chinese Style chicken with savoury vegetable rice	Pork meatballs, mash and onion gravy	Hot dog on a bun with oven fries and ketchup
	Served with salad and coleslaw	Roasted Vegetable lasagne with seasonal salad	Mild Oriental vegetable curry with steamed rice	Quorn Cottage pie topped with cheddar cheese [v]	Vegetable frankfurter (V) chips and dips
	Jam Doughnuts	Poppy seed and Lemon cake	Vanilla ice cream pot	Cheese and Crackers with grapes and apple	Chocolate muffins
03 July 17	Jacket potatoes with a choice of cheese, baked beans or tuna mayonnaise	Chicken and Ham Pie with new potatoes and green beans	Sausage Bolognese with garlic, herb bread and sweetcorn	Roast beef dinner with Yorkshire pudding and fresh vegetables	100% chicken breast burger on a bun, fries, salad and relish
	Served with salad and coleslaw	Lentil and Sweet Potato Pie	Vegetable Bolognese with wholemeal pasta	Roast Quorn dinner	Vegetable quarter pounder
	Gingerbread Biscuits	Homemade fruity flapjack	Vanilla rice pudding with fruit compote	Cherry and almond sponge	Home baked muffins
10 July 17	Jacket potatoes with a choice of cheese, baked beans or tuna mayonnaise	Minced beef cottage pie and fresh vegetables	Selection of home baked pizzas, garlic bread and sweetcorn	Pork Sausage, creamy mash and gravy	Chicken breast nuggets, oven fries and dips
	Served with salad and coleslaw	Minced Quorn Pie	Vegetarian option available	Veggie sausage with onion gravy	Vegetarian nuggets
	Fruit Jelly	Strawberry mousse	Chocolate Doughnuts	Vanilla Ice Cream	Home baked Cookies

