



Lancaster Road Primary School Hot Lunch Menu
 MONDAY 6TH November to FRIDAY 1ST December 2017



Reception, Year 1 and Year 2 children are entitled to a school lunch free of charge

A school packed lunch is also offered every day. Children have the choice of a cheese, ham egg or tuna sandwich plus healthy snacks, pudding and drink. Lunches will be served with sugar free squash and water and low fat milk are available on request. Wholemeal bread is also available in addition to hot lunches.

	Monday	Tuesday	Wednesday	Thursday	Friday
6/11/17	CLOSED	Jacket potatoes with a choice of cheese, baked beans or tuna mayonnaise	Penne Pasta with cheddar, ham and tomato sauce, fresh seasonal salad and garlic bread	Roast Beef Dinner - roast potatoes and veg with Yorkshire Pudding	Chicken Breast Nuggets - oven baked chips / with ketchup
		Served with salad and coleslaw	Vegetable Ravioli with garlic bread	Quorn roast in vegetarian gravy	Quorn Nuggets
		Chocolate Mousse	Fruit cocktail and whipped cream	Strawberry and Vanilla ice cream	Home Baked Cookies
13/11/17	Jacket potatoes with a choice of cheese, baked beans or tuna mayonnaise	Minced Steak Lasagne with salad and a garlic slice	Chicken Tikka Curry with flat bread and steamed rice	Salmon and Cod fishcakes with new potatoes and peas	Hot dog on a bun with oven fries and ketchup
	Served with salad and coleslaw	Roasted Vegetable lasagne with seasonal salad	Mild Oriental vegetable curry with steamed rice	Veggie cheese bakes	Vegetable frankfurter (V) chips and dips
	Jam Doughnuts	Poppy seed and Lemon cake	Vanilla ice cream pot	Apple Crumble with Custard	Chocolate Muffins
20/11/17	Jacket potatoes with a choice of cheese, baked beans or tuna mayonnaise	Homemade Meat and Potato pie with peas and gravy	Sausage Bolognese with garlic, herb bread and sweetcorn	Roast Chicken Dinner with Yorkshire pudding and fresh vegetables	100% beef burger on a bun, fries, salad and relish
	Served with salad and coleslaw	Lentil and Sweet Potato Pie	Vegetable Bolognese with wholemeal pasta	Roast Quorn dinner	Vegetable quarter pounder
	Strawberry Mousse	Homemade fruity flapjack	Chocolate ice cream	Cherry and almond sponge	Home Baked Muffins
27/11/17	Jacket potatoes with a choice of cheese, baked beans or tuna mayonnaise	Minced beef cottage pie and fresh vegetables	Selection of home baked pizzas, garlic bread and sweetcorn	Sausage Casserole with roast potatoes and crusty bread	Battered Fish and Chips with tomato ketchup
	Served with salad and coleslaw	Minced Quorn Pie	Vegetarian option available	Veggie Sausage Casserole	Breaded vegetable fingers
	Fruit Jelly	Home baked apple muffins	Chocolate Doughnuts	Raspberry Ripple Mousse	Home Baked Cookies